





**DECALOGUE  
FOR A DAUGHTER  
OF ST. BRIDGET**

## **1. Recapture the warmth of the fire**

that had taken possession of the life of Mother Foundress to lay down her life at the service of others. Bridget humbled herself before God like any poor and ignorant woman burdened with many sins. But when she assumed the role of God's mouthpiece she spoke with strength and authority.

## **2. Doing God's will to become the central focus for a renewed self.**

How sweet it is to say the words “Lord Show me the Way”. Thus every Bridgettine daughter must keep doing the will of God as her focus to renew oneself and the delegation.

### **3. Dream big for God and for His People:**

Bridget was well known for visions, dreams and discernment. When she was in Naples for 2 years many peoples sought her counsel, visions and miracles. She cured the sick, the possessed, the distressed. She always approached Christ and Virgin Mary for help. Archbishop Bernard is one example: how she instructed him to organize his private life and manage his priests.

## **4. Recapture the founding charism to live your vocation prophetically**

Be inspired by the leadership qualities of Mother Elizabeth whose new dynamism and presence brought about renewal and reform among the Bridgettines the world over. Arriving in Rome and embracing Catholicism, she founded the new branch of the Bridgettines with a meaningful ecumenical goal.

## **5. Charity in Simplicity and Humility is the hallmark of Bridgettine identity.**

Consider yourself the least deserving in the community and search for the place no one wants to hold.

She often spoke about Humility, Obedience, Justice and Mercy. She never wished the Bridgettines to replace humility with pride and obstinacy. The desire for reconciliation and ecclesial communion was her hallmark. These are signs of humility.

## **6. Embrace the Spirituality of the Bridgettines**

St. Bridget put nothing before her love for Christ. As a daughter of St. Bridget it is your special duty to zealously foster and to spread the infinite goodness hidden within this spirituality. Hence you must know it and live it, before you start spreading it.



## 7. Work for the promotion of peace and Reconciliation in the Church

St. Bridget saw for herself the vanity of priests and Popes during her life. She saw “not only a wheat-field, she saw gardens full of roses and lilies”. The Lord called upon this prophetess to go out into the world and work for the unity and peace between kings, popes, priests and cardinals. Thus every Bridgettine daughter is expected to work for reconciliation, peace and harmony in the community and in the world.

## 8. Abandon yourself to God cheerfully

Every daughter of St. Bridget is invited to abandon herself to God unconditionally. It is said that the sisters often saw the face of St. Bridget glowing with light. Even when she was dying, Mother Bridget died with the words of Christ on the cross on her lips, “Father into thy hands I commend my spirit”.

The ability to abandon oneself to God even at difficult moments is a great quality of Bridgettines. How do I face and accept suffering, pain and disappointment in my life?

## **9. Prayer is the only consolation for a Bridgettine.**

St. Bridget and St. Elizabeth are examples of concentration at prayer. Prayer was their only consolation whenever they faced difficulties and painful situations. Bridget said to Mary: Today we have our food and our bare necessities, but tomorrow we have nothing and stand quite destitute. How can then be untroubled when we own nothing? But at all the times of difficulties, she was helped at the eleventh hour. Prayer was a weapon for her.

## **10. Woman of courage and determination.**

Bridget's prophecies were a bitter criticism of the scandalous events and persons in the church and the State; of its corruption and scandals. These infuriated them; sometimes they threatened to burn her; they reviled her as a heretic and a witch.

But she patiently bore all the abuse. She cried to God for help. The Lord answered, "As long as you have me, you need fear no one". Every daughter of St. Bridget is exhorted to be bold and courageous.

